

MADANAPALLE INSTITUTE OF TECHNOLOGY AND SCIENCE

(UGC – Autonomous)

Report on

Fit India Freedom Run by MITS NCC



MITS NCC have organised “ Fit India Freedom Run “ on August 19th 2021. The event was organised for educating the young minds not only to sit in the classrooms but also be free in the ground to be fit. A fit body helps them and nation as well. It helps to create society with strong body and strong mind as well. As a part of the program MITS NCC cadets ran a distance of 500 m for 30 minutes in slow pace.